



Assessment of adnexal masses using ultrasound
Course chairs: Prof. Lil Valentin, A/Prof. Ligita Jokubkiene, Prof. Carol Benson
Date: 25th of October 2025

EST	BST	Min	Lecture
07:00	12:00	10	Welcome, Introduction and ISUOG consensus
Session 1: Lexikon and simple methods to assess ovarian masses			
<i>Chairs: Prof. Lil Valentin and Prof. Yvette Groszmann</i>			
07:10	12:10	25	Lexicon (standardized terminology) to describe adnexal masses
07:35	12:35	15	Benign Descriptors
07:50	12:50	20	Simple rules for distinguishing benign from malignant adnexal masses
08:10	13:10	20	Cases (terminology, Benign Descriptors, Simple Rules)
08:30	13:30	25	Panel discussion, and live Q&A
08:55	13:55	10	Break
Session 2: Adnex model and O-RADS			
<i>Chairs: Prof. Carol Benson and A/Prof. Ligita Jokubkiene</i>			
09:05	14:05	20	ADNEX model to predict ovarian malignancy
09:25	14:25	20	Application of ADNEX to clinical cases
09:45	14:45	20	O-RADS – why and how?
10:05	15:05	20	Application of O-RADS to clinical cases
10:25	15:25	25	Panel discussion, and live Q&A
10:50	15:50	30	Refreshment break
Session 3: Pattern recognition			
<i>Chairs: A/Prof. Ligita Jokubkiene and Prof. Wouter Froyman</i>			
11:20	16:20	10	Introduction to pattern recognition
11:30	16:30	15	Benign teratoma – appearance and management
11:45	16:45	15	The varied ultrasound appearance of endometriomas
12:00	17:00	15	Other common benign adnexal masses (cystadenoma, cystadenofibroma, tubal pathology, paraovarian cyst, peritoneal inclusion cyst)
12:15	17:15	25	Panel discussion, and live Q&A
12:40	17:40	10	Break
Session 4: Malignancies, rare tumours			
<i>Chairs: Prof. Lil Valentin and Prof. Lauri Hochberg</i>			
12:50	17:50	20	Epithelial invasive malignancies
13:10	18:10	20	Rare ovarian masses (primary and metastases)
13:30	18:30	20	Borderline ovarian tumours
13:50	18:50	20	Case presentations
14:10	19:10	25	Panel discussion, and live Q&A
14:35	19:35	10	Short break
14:45	19:45	20	Adnexal masses during pregnancy
15:05	20:05	15	Adnexal torsion
15:20	20:20	20	Non-gynecological pathology encountered at gynecological scanning
15:40	20:40	25	Panel discussion, and live Q&A
16:05	21:05	5	Feedback and close

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14:35	19:35	10	Short break
Session 5: Adnexal and Atypical Findings			
<i>Chairs: Carol Benson & Ligita Jokubkiene</i>			
14:45	19:45	20	Adnexal masses during pregnancy
15:05	20:05	15	Adnexal torsion
15:20	20:20	20	Non-gynecological pathology encountered at gynecological scanning
15:40	20:40	25	Panel discussion, and live Q&A
16:05	21:05	5	Feedback and close

Please note that this is a provisional schedule subject to change.