



Assessment of adnexal masses using ultrasound

Course chairs: Dr Carol Benson, A/Prof. Ligita Jokubkiene, Prof. Lil Valentin

25th of October 2025

Learning Objectives:

1. To learn simple methods for assessing adnexal masses on ultrasound
2. To gain knowledge on how to use the ADNEX model in clinical practice
3. To learn how to use O-RADS in patient management
4. To improve knowledge on the use of pattern recognition when assessing adnexal masses
5. To gain knowledge on the role of ultrasound in diagnosing invasive ovarian malignancies, metastases in the ovaries and rare ovarian tumours
6. To gain knowledge on the role of ultrasound in identifying non-gynecological pathology

EST	BST	Min	Lecture	Faculty
07:00	12:00	10	Welcome, Introduction and ISUOG consensus	Dr Carol Benson (USA), A/Prof. Ligita Jokubkiene (Sweden) and Prof. Lil Valentin (Sweden)
Session 1: Lexikon and simple methods to assess ovarian masses				
<i>Chairs: Prof. Yvette Grozsmann and Prof. Lil Valentin</i>				
07:10	12:10	25	Lexicon (standardized terminology) to describe adnexal masses	Prof. Lil Valentin (Sweden)
07:35	12:35	15	Benign Descriptors	Dr Yvette Grozsmann (USA)
07:50	12:50	20	Simple rules for distinguishing benign from malignant adnexal masses	A/Prof. Ligita Jokubkiene (Sweden)
08:10	13:10	20	Cases (terminology, Benign Descriptors, Simple Rules)	Dr Yvette Grozsmann (USA) and A/Prof. Ligita Jokubkiene (Sweden)
08:30	13:30	25	Panel discussion, and live Q&A	All faculty
08:55	13:55	10	Break	
Session 2: Adnex model and O-RADS				
<i>Chairs: Prof. Carol Benson and A/Prof. Ligita Jokubkiene</i>				
09:05	14:05	20	ADNEX model to predict ovarian malignancy	Prof. Lil Valentin (Sweden)
09:25	14:25	20	Application of ADNEX to clinical cases	Dr Lauri Hochberg (USA)
09:45	14:45	20	O-RADS – why and how?	Dr Priyanka Jha (USA)
10:05	15:05	20	Application of O-RADS to clinical cases	Dr Catherine Phillips (USA)
10:25	15:25	25	Panel discussion, and live Q&A	All faculty
10:50	15:50	30	Refreshment break	
Session 3: Pattern recognition				
<i>Chairs: TBC and A/Prof. Ligita Jokubkiene</i>				
11:20	16:20	10	Introduction to pattern recognition	Prof. Lil Valentin (Sweden)
11:30	16:30	15	Benign teratoma – appearance and management	Dr Ruben Heremans (Belgium)
11:45	16:45	15	The varied ultrasound appearance of endometriomas	A/Prof. Mathew Leonardi (Canada)
12:00	17:00	15	Other common benign adnexal masses (cystadenoma, cystadenofibroma, tubal pathology, paraovarian cyst, peritoneal inclusion cyst)	A/Prof. Ligita Jokubkiene (Sweden)
12:15	17:15	25	Panel discussion, and live Q&A	All faculty
12:40	17:40	10	Break	

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Session 4: Malignancies, rare tumours				
<i>Chairs: Prof. Lauri Hochberg and Prof. Lil Valentin</i>				
12:50	17:50	20	Epithelial invasive malignancies	Dr Federica Pozzati (Italy)
13:10	18:10	20	Rare ovarian masses (primary and metastases)	Prof. Lil Valentin (Sweden)
13:30	18:30	20	Borderline ovarian tumours	Dr Federica Pozzati (Italy)
13:50	18:50	20	Case presentations	Dr Stefan Timmerman (Belgium)
14:10	19:10	25	Panel discussion, and live Q&A	All faculty
14:35	19:35	10	Short break	
Session 5: Adnexal and Atypical Findings				
<i>Chairs: Prof. Carol Benson and A/Prof. Ligita Jokubkiene</i>				
14:45	19:45	20	Adnexal masses during pregnancy	Dr Federica Pozzati (Italy)
15:05	20:05	15	Adnexal torsion	Dr Yvette Groszmann (USA)
15:20	20:20	20	Non-gynecological pathology encountered at gynecological scanning	Dr Carol Benson (USA)
15:40	20:40	25	Panel discussion, and live Q&A	All faculty
16:05	21:05	5	Feedback and close	A/Prof. Ligita Jokubkiene (Sweden)

Please note that this is a provisional schedule subject to change.