



Fetal Growth Restriction: From AI-Powered Prediction to Precision Medicine

Course chairs: Prof. Asma Khalil and A/Prof. Conrado Coutinho

Sunday 8th February 2026

Learning Objectives:

- Understand the latest approaches to differentiate SGA from true FGR, including diagnostic innovations like AI-powered growth assessment.
- Review current and emerging strategies for prediction and prevention of FGR.
- Compare and contrast early- and late-onset FGR with emphasis on evolving prenatal monitoring, management protocols, and timing of delivery.
- Gain familiarity with advanced and novel tools for FGR evaluation and surveillance.
- Participate in cutting-edge debates and international guideline differences in the diagnosis and management of FGR and discuss the implications of universal third trimester screening.
- Address practical considerations in FGR care across different settings, including resource-limited environments and multiple pregnancies.
- Understand the long-term consequences of FGR.

GMT	Min	Lecture	Faculty
08:00	5	Welcome and course introduction	Prof. Asma Khalil (UK) A/Prof. Conrado Coutinho (Brazil)
Session 1: Foundations and standards			
Chairs: Prof. Asma Khalil and A/Prof. Conrado Coutinho			
08:05	20	AI Revolution in Growth Assessment	Prof. Ja-Young Kwon (South Korea)
08:25	20	Growth Charts Performance: Customized vs Population-based vs AI-Enhanced Charts	Prof. Aris Papageorgiou (UK)
08:45	20	Pathophysiology Meets Innovation: Artificial womb and fetal therapy advances	Prof. Eduard Gratacós (Spain)
09:05	20	Panel discussion, and live Q&A	All faculty
09:25	15	Refreshment Break	
Session 2: Early FGR			
Chairs: Prof. Asma Khalil and A/Prof. Conrado Coutinho			
09:40	20	Early Prediction and Prevention: First trimester screening integration	Prof. Liona Poon (Hong Kong)
10:00	20	Are there effective preventive measures besides aspirin?	Dr Francesc Figueras (Spain)
10:20	15	Management Protocols: ISUOG Perspective	Prof. Katia Bilardo (Netherlands)
10:35	15	Management Protocols: SMFM Perspective	Dr Alfred Abuhamad (USA)
10:50	15	Management Protocols: FIGO Perspective	Dr Ahmet Baschat (USA)
11:05	30	Panel discussion, and live Q&A	All faculty
11:35	15	Refreshment Break	
Session 3: Late FGR			
Chairs: Prof. Asma Khalil and A/Prof. Conrado Coutinho			
11:50	20	Diagnostic Dilemmas: When Normal Doppler Meets Growth Restriction	Prof. Asma Khalil (UK)
12:10	20	Third Trimester Surveillance Strategies: Risk Stratification and Monitoring Protocols	TBC
12:30	20	sFlt-1/PIGF vs Doppler in Late-Onset FGR”	Prof. Fabricio da Silva Costa (Australia)
12:50	20	Delivery Timing: The TRUFFLE Legacy and Beyond	Prof. Christoph Lees (UK)
13:10	20	Panel discussion, and live Q&A	All faculty
13:30	30	Refreshment Break	

Please note that this is a provisional schedule subject to change.

Session 4: Global health and future perspectives FGR			
Chairs: Prof. Asma Khalil and A/Prof. Conrado Coutinho			
14:00	20	ISUOG Fetal Biometry guideline: Latest Evidence	TBC
14:20	20	Umbilical Vein Flow: The New Frontier?	Prof. Tamara Stampalija (Italy)
14:40	20	FGR in Resource-Limited Settings	A/Prof. Conrado Coutinho (Brazil)
15:00	20	Long-term Outcomes and Programming	Prof. Fatima Crispi (Spain)
15:20	20	Inflammatory pathways and FGR prevention	Dr Roberto Romero (USA)
15:40	20	Panel discussion, and live Q&A	All faculty
16:00	15	Refreshment Break	
Session 4 Continued.....: Global health and future perspectives FGR			
Chairs: Prof. Asma Khalil and A/Prof. Conrado Coutinho			
16:15	20	What Will FGR Management Look Like in 2030?	Moderators: A/Prof. Coutinho, Prof. Asma Khalil (UK) Panelists: Dr Ahmet Baschat (USA) A/Prof Hiba Mustafa (USA)
16:35	20	Structured Debate: “Universal Third Trimester Screening: Ready for Prime Time?”	Pro-Universal Screening: Dr Alfred Abuhamad (USA) Against Universal Screening: TBC
16:55	20	Genetic causes of small for gestational age: Case-based learning	TBC
17:15	25	Panel discussion, and live Q&A	All faculty
17:40	5	Course summary and close	Prof. Asma Khalil (UK) A/Prof. Conrado Coutinho (Brazil)
17:45		Close	