Preterm birth: prediction and prevention through ultrasound



Sunday 31st July 2022

Learning Objectives:

This educational course will review the most recent evidence regarding the performance of ultrasound in the evaluation of cervical length to predict spontaneous preterm birth risk in two different clinical scenarios:

- 1) Asymptomatic patients, to advise them regarding the potential preventive measures, including progesterone, pessary, and cerclage;
- 2) Assessment of preterm birth risk in patients symptomatic for preterm labor, to assist in the therapeutic decisions to be taken.

| Time | Mins | Item | Speaker – Prefix, full name |
|-------|------|---|--|
| 10:00 | 10 | Setting the scene for the ISUOG Preterm birth Guidelines and Course | Conrado Milani Coutinho and Fabricio da Silva Costa |
| 10:10 | 15 | The global burden of preterm birth | João Paulo Souza (Brazil) |
| 10:25 | 15 | The issue of provider-indicated preterm birth around the globe | Fabricio da Silva Costa (Australia) |
| 10:40 | 20 | Spontaneous preterm labor as a syndrome | Rupsa Boelig (USA) |
| 11:00 | 15 | Prediction of preterm birth in asymptomatic singletons without prior risk factors | Helen Feltovich (USA) |
| 11:15 | 15 | How should cervical length be measured? | Conrado Milani Coutinho (Brazil) |
| 11:30 | 25 | Panel discussion | All faculty |
| 11:55 | 30 | Refreshment Break | |
| 12:25 | 15 | Prevention of preterm birth in asymptomatic singletons: conservative measures and progesterone | Anthony Odibo (USA) |
| 12:40 | 15 | Prevention of preterm birth in asymptomatic singletons: cerclage and pessary | Vincenzo Berghella (USA) |
| 12:55 | 15 | Implementation of universal cervical length screening | John Newnham (Australia) |
| 13:10 | 15 | Overview of additional risk factors associated with high-risk for preterm birth and cervical surveillance | Raffaele Napolitano (UK) |
| 13:25 | 15 | Surveillance and management for patients at high-risk for preterm birth | Vincenzo Berghella (USA) |
| 13:40 | 15 | Are specialized antenatal clinics beneficial for pregnant women at high risk for preterm birth? | Penelope Sheehan (Australia) |
| 13:55 | 20 | Panel discussion | All faculty |
| 14:15 | 30 | Refreshment Break | |
| 14:45 | 15 | The role of ultrasound in the management of singleton pregnancies with symptoms of preterm labor | Alexandros Sotiriadis (Greece) |
| 15:00 | 15 | The use of point-of-care biochemical markers in the management of symptomatic women | Francesco D'Antonio (Italy) |
| 15:15 | 15 | Multiple pregnancies: the role of ultrasound in the screening for preterm birth and management of preterm labor | Asma Khalil (UK) |
| 15:30 | 15 | The role of apps and algorithms for preterm birth prediction | Andrew Shennan (UK) |
| 15:45 | 15 | Frontiers of knowledge, AI and more on preterm birth | Helen Feltovich (USA) |
| 16:00 | 10 | ISUOG Preterm birth Practice Guidelines: summary of recommendations | Conrado Milani Coutinho (Brazil) |

| 16:10 | 25 | Panel discussion | All faculty |
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| 16:35 | 5 | Feedback and close | Conrado Milani Coutinho (Brazil) |

Please note that this is a provisional schedule subject to change.