



The Endometriosis and Adenomyosis Association of Sri Lanka

TWO-DAY • CASE-BASED • LIVE SCANNING

ADVANCED ULTRASOUND WORKSHOP

ENDOMETRIOSIS & ADENOMYOSIS

“From Systematic Examination to Disease Mapping”

DATE: 29–30 OCTOBER 2026

TIME: 09:00–15:30 EACH DAY
Venue – Jetwing Colombo Seven



Approved by the International Society of Ultrasound in
Obstetrics and Gynecology (ISUOG)

DAY 1

**Ultrasound Assessment
of Endometriosis**

DAY 2

**Adenomyosis & Advanced
Pelvic Ultrasound**

KEY LEARNING AREAS

- **IDEA approach**
Systematic pelvic examination & sliding sign

- **Disease mapping**
Ovarian, bowel, bladder & ureteric endometriosis

- **MUSA features**
Diffuse/focal adenomyosis & adenomyoma

- **Advanced imaging**
3D ultrasound, #ENZIAN & structured reporting



Assoc. Prof. Ligita Jokubkiene
Lund University, Sweden
Skåne University Hospital, Malmö

INTERNATIONAL FACULTY

Assoc. Prof. Tina Tellum
Oslo University Hospital
University of Oslo, Norway



WHO SHOULD ATTEND

Obstetricians & Gynaecologists • Reproductive Medicine Specialists • Radiologists • TVS-experienced Clinicians • O&G/Radiology Trainees

COURSE FEE (BOTH DAYS)

Overseas participant: **USD 100**
Local consultant: **LKR 15,000** (onsite LKR 20,000)
Local Trainee: **LKR 8,000** (onsite LKR 12,000)

REGISTRATION / CONTACT

Email: endometriosislanka@gmail.com
Contact: +94 76 467 7061 (Dr Banuka)

Certificate of Completion



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Adenomyosis Association of
Sri Lanka

THE ENDOMETRIOSIS AND ADENOMYOSIS ASSOCIATION OF SRI LANKA

ADVANCED ULTRASOUND WORKSHOP

Ultrasound in Endometriosis and Adenomyosis
From Systematic Examination to Disease Mapping

DAY 1

ULTRASOUND ASSESSMENT OF ENDOMETRIOSIS

DATE
29 OCT 2026

TIME
09:00–15:30

VENUE
Jetwing Colombo Seven



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Ultrasound in Obstetrics and Gynecology
(ISUOG)

TIME	PROGRAMME	FACULTY
09:00–09:15	Welcome, course introduction & changing role of ultrasound ISUOG presentation	Ligita / Tina
09:15–09:45	Optimizing the Ultrasound Examination Machine settings, transducer technique, Doppler optimisation & technical factors	Tina Tellum
09:45–10:15	Systematic Ultrasound Examination in Endometriosis IDEA approach, uterus/ovaries, mobility, sliding sign, POD, bowel, bladder & ureters	Ligita Jokubkiene
10:15–10:35	Tea Break	
10:35–11:20	Ovarian Endometriosis Endometriomas, IOTA method, differential diagnosis & bilateral disease Interactive Video Quiz 1: What Is This Ovarian Lesion?	Ligita Jokubkiene
11:20–11:45	Ovarian Mobility, Soft Markers & The Sliding Sign Fixed/medialised ovaries, kissing ovaries & POD obliteration Interactive Video Quiz 2: Positive or Negative Sliding Sign?	Tina Tellum
11:45–12:30	LIVE SCAN SESSION 1: The Systematic Endometriosis Scan Complete systematic examination demonstration	Ligita / Tina
12:30–13:15	Lunch	
13:15–13:45	Posterior Compartment: Bowel Endometriosis / Deep Endometriosis Interactive Image Quiz 3: Normal, Superficial or Deep?	Ligita Jokubkiene
13:45–14:30	Posterior Compartment: Uterosacral Ligaments & Retrocervical Area Interactive Video Quiz 4: Bowel Endometriosis	Tina Tellum
14:30–15:10	LIVE SCAN SESSION 2: Mapping Deep Endometriosis Expert demonstration focused on posterior compartment and bowel	Ligita / Tina
15:10–15:30	Day 1 Case Challenge Three complex cases: diagnosis, localisation, extent and reporting	Ligita / Tina

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Tina Tellum**
*Oslo University Hospital
University of Oslo, Norway*

AT A GLANCE

USS

Advanced pelvic
ultrasound

LIVE

4 faculty live scans

QUIZ

4 interactive quizzes

CASE

Complex case
challenge

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Ultrasound in Endometriosis and Adenomyosis
From Systematic Examination to Disease Mapping

DAY 2

ADENOMYOSIS & ADVANCED PELVIC ULTRASOUND

DATE
30 OCT 2026

TIME
09:00–15:30

VENUE
Jetwing Colombo Seven



Approved by the International Society of
Ultrasound in Obstetrics and Gynecology
(ISUOG)

TIME	PROGRAMME	FACULTY
09:00–09:15	Day 1 Review Rapid-fire image and video quiz	Ligita / Tina
09:15–10:00	Adenomyosis: Understanding the Ultrasound Appearance MUSA features, diffuse/focal adenomyosis, adenomyoma & diagnostic pitfalls	Tina Tellum
10:00–10:30	MUSA: From Description to Diagnosis Interactive interpretation of adenomyosis cases Interactive Image Quiz 5: Is This Adenomyosis?	Ligita Jokubkiene
10:30–10:45	Tea	
10:45–11:30	LIVE SCAN SESSION 3: The Systematic Adenomyosis Scan Expert demonstration using MUSA terminology	Tina Tellum
11:30–12:00	3D Ultrasound in Adenomyosis Coronal uterine plane, junctional zone, adenomyosis/adenomyoma & when 3D adds value Interactive 3D Image Quiz 6	Ligita Jokubkiene
12:00–12:45	Endometriosis + Adenomyosis Coexistence, clinical/ultrasound overlap, whole-pelvis assessment & what surgeons want to know	Ligita / Tina
12:45–13:30	Lunch	
13:30–14:00	Anterior Compartment & Ureteric Endometriosis Bladder disease, ureteric assessment, hydroureter, obstruction & further imaging Interactive Video Quiz 7: Ureteric Disease	Tina Tellum
14:00–14:40	LIVE SCAN SESSION 4: The Complex Pelvis Comprehensive expert examination integrating principles from the course	Ligita / Tina
14:40–15:05	From Ultrasound to a Clinically Useful Report Structured reporting, disease mapping, location/size/extent and #ENZIAN	Ligita Jokubkiene
15:05–15:25	FINAL INTERACTIVE CASE CHALLENGE Integrated case using history, ultrasound images, video, Doppler and 3D imaging	Ligita / Tina
15:25–15:30	Closing & Key Take-Home Messages	All faculty

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AT A GLANCE

MUSA

Standardised terminology

3D

2 faculty live scans

LIVE

Advanced imaging

MAP

Clinically useful reports

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