



Navigating pregnancy with Obesity

Chaired by Prof. Asma Khalil (UK) and Dr Carman Lai (Australia)

Wednesday 20th August 2025

| BST (UTC +1) | Mins | Lecture | Faculty |
|--------------|------|--|--|
| 12:00 | 5 | Welcome and introduction | Prof. Asma Khalil (UK) and Dr Carman Lai (Australia) |
| 12:05 | 20 | Ultrasound Imaging Challenges in Obesity | Dr Meetan Preet (India) |
| 12:25 | 20 | First Trimester Scanning and Fetal Anomaly Screening in Obese Pregnant Women | Prof. Asma Khalil (UK) |
| 12:45 | 20 | Role of Ultrasound in Managing Maternal Comorbidities | Dr Carman Lai (Australia) |
| 13:05 | 20 | Pregnancy After Bariatric Surgery: Ultrasound Insights and Clinical Nuances | A/Prof. Conrado Coutinho (Brazil) |
| 13:25 | 30 | Live Q&A and panel discussion | All faculty |
| 13:55 | 5 | Feedback and close | Prof. Asma Khalil (UK) and Dr Carman Lai (Australia) |



Prof. Asma Khalil (UK)

ISUOG TRUSTEE, HONORARY TREASURER



Dr Carman Wing Sze Lai (Australia)

COURSES SUB-COMMITTEE MEMBER



A/Prof. Conrado Coutinho (Brazil)

CLINICAL STANDARDS COMMITTEE MEMBER, COURSES SUB-COMMITTEE MEMBER



Dr Meetan Preet (India)

COURSES SUB-COMMITTEE MEMBER

Learning objectives

- Understand the maternal and fetal risks associated with obesity in pregnancy and discuss how these risks impact clinical management and outcomes.**
- Identify evidence-based interventions to reduce complications in pregnant women with obesity, including lifestyle, medical, and ultrasound-based approaches.**
- Develop practical skills to optimize first-trimester ultrasound screening and overcome imaging challenges in women with high BMI, including technical adjustments and tips for improved visualization.**
- Enhance the ability to perform and interpret ultrasound-guided fetal procedures in women with high BMI, improving confidence in managing complex obstetric presentations.**



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