

Trainee Focused Meeting

Wellbeing, Leadership, and Collaboration
- How to optimize your training experience?

Sunday 11th December 2022



Livestream course program

Learning Objectives:

1. Discover ways in improving and increasing collaboration between trainees in LICs and HICs
2. Improve your leadership skills as a trainee
3. Develop methods to deal with burnout and stress
4. Learn how to seek out opportunities to augment your clinical and academic training
5. Discover the advantages of pursuing career goals in a different country
6. Learn about team building in clinical and academic circles

Time	Mins	Item	Speaker – Prefix, full name
Session 1: Collaboration between LRCs and HICs <i>Chairs: Dr Srdjan Saso and Dr Hadiza Galadanci</i>			
08:00	5	Welcome and Introduction	Dr Srdjan Saso
08:05	20	Surgical Oncology in Malawi - how to set up a highly functional training centre?	Dr George Jigeo-Kas Mr Kostas Lathouras
08:25	20	How to get onto top research programs as a trainee if coming from a LRC?	Dr David Lissauer
08:45	20	Research collaboration between trainees from different countries - how to build trust and minimise fraud?	Prof. Ben Mol
09:05	20	Ultrasound in Low Resource Settings - how can I use tools from abroad to improve training?	Prof. Hadiza Galadanci
09:25	20	Live Q&A	All faculty
09:45	25	A trainee's experience: Brazil and Australia	Dr Daniel Rolnik Prof. Fabricio Costa
10:10	20	Refreshment Break	
Session 2: Trainee experiences in LRCs – challenges and benefits <i>Chairs: Dr Jezid Miranda and Prof Beate Kapmann</i>			
10:30	20	Academia and research in West Africa - is there an opportunity as a trainee?	Prof. Beate Kampmann Dr Anja Saso
10:50	20	Working for MSF in central Africa as a trainee - what have I learnt?	Mr Gareth Lock
11:10	20	Reaching out from South America - how can I use technology to improve obstetric health care at home?	Dr Jezid Miranda
11:30	20	Live Q&A	All faculty
11:50	25	A trainee's experience: Canada and Australia	Dr Mathew Leonardi A/Prof. Shannon Reid
12:15	60	Lunch	
Session 3: Burnout, teamworking and leadership <i>Chairs: Tom Bourne and Suzie Bailey</i>			
13:15	20	Working as a Hospital Doctor can be Bad for your Health with Negative Consequences for Patients	Prof. Tom Bourne
13:35	20	What are the solutions to workforce burn-out?	Prof. Tate Shanafelt
13:55	20	The Importance of Teams and How to Create and Manage Them	Prof. Michael West
14:15	20	What does Leadership look like – and can it be compassionate as well as effective?	Ms Suzie Bailey
14:35	20	Live Q&A	All faculty
14:55	25	A trainee's experience: Chile and UK	Prof. Jessica Priesler Prof. Tom Bourne
15:20	20	Closing talk: Future of Jobs with AI Ultrasound	Dr Lior Drukker
15:40	10	Summation and Close	Dr Srdjan Saso

Please note that this is a provisional schedule subject to change.