

Beaming :))

With ISUOG Basic Training

ISUOG Basic Training Newsletter Issue 3

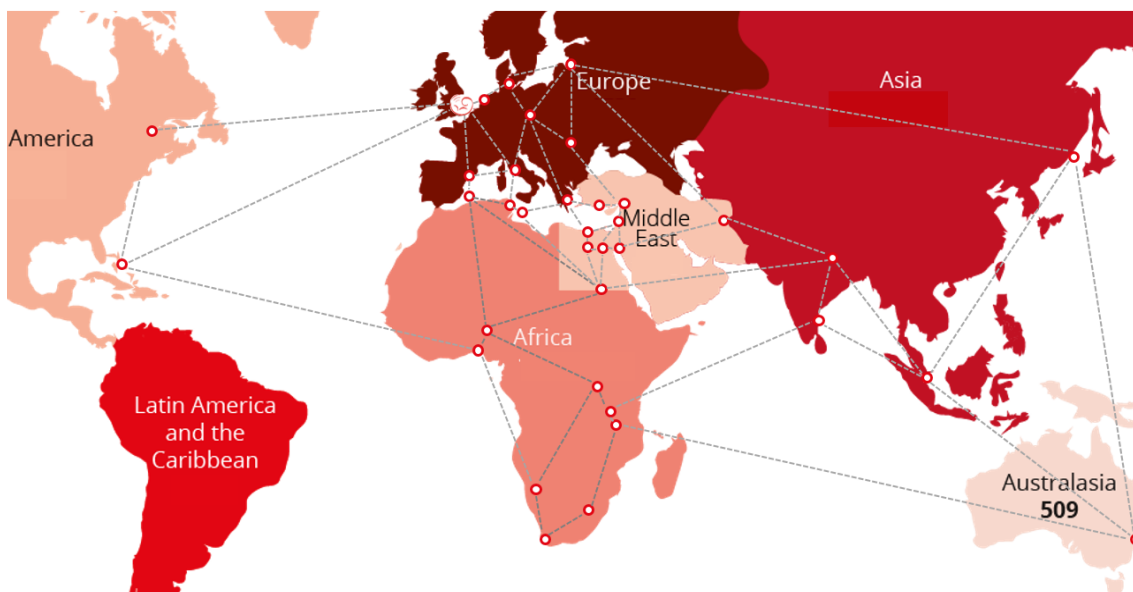
28th World Congress, Singapore 2018

It sure has been a most exciting year for BT culminating in our World Congress in Singapore! We welcome all of our delegates, from the region as well as around the world, hoping that you shall return home enriched by beautiful images and invaluable lessons learnt...

Over the past year, our BT team has travelled around the world: from Rotterdam in February, to Malta in March, then Athens in April, then Lebanon in May, followed by Chennai in September. Now BT arrives to Singapore for special activities throughout the congress: [a pre-course course](#), [simulation session](#), launch of the new Basic Training film, and many others. See the [final congress program](#) for more details. At each stop, the BT team has accomplished milestones and the team has imparted the basics in a most comprehensive yet comprehensible manner and has left its trainees with new tips and tricks in the quest for the highest possible quality in obstetrical scanning. In Rotterdam, BT history was made with the delivery of the full GYN curriculum; in Malta, select portions of the BT course were delivered over 3 days; in Athens a full day BT course was delivered with live streaming around the world; in Lebanon, the training was completed over the course of 1 year and the first ISUOG BT Certificates of Completion ever were handed out! In Chennai the full BT theoretical curriculum was delivered in total for the first time. In addition, most of our courses have been accompanied by simulation workshops and thus far we have had 768 attendees who were physically present at a BT course and 2365 joining via satellite.

Where to next? BT has a most exciting future with an upcoming BT course in Colombia this coming spring in addition to a more extensive BT course in Lebanon among many others. Now that our theoretical program has been completed, it shall be translated into various languages and the BT Task Force is actively working to finalize the BT simulation-based practical component, so stay tuned for updates! If you are in Singapore or joining us by Satellite we invite you to meet our faculty and join our activities and workshops and give us your feedback so that we may perfect our product and its delivery going forward. Together, we shall make the world a safer place for mothers and newborns by standardizing our sonographic approach and optimizing our sonogram's quality...

Reem S. Abu-Rustum, Chair of ISUOG's Basic Training Task Force



The reach of ISUOG BT since 2015

In this issue

- Basic Training 2018 highlights from round the world (p2 & p3)
- What not to miss at this year's Congress (p4)





The full Basic Training theoretical program

Chennai India, 27th - 30th September

Dr Suresh Seshadri and Dr Titia Cohen-Overbeek report on the recent Basic Training course in Chennai, India - ISUOG's biggest BT course to date!

In the summer of 2016, the education committee of ISUOG initiated the development of a 4-day theoretical Basic Training program, with the goal of standardizing the performance of basic obstetric and gynecological ultrasound and report writing. This full 4-day course was held for the first time from 27th to 30th September 2018 in Chennai in association with Mediscan, and the international conference Clinical Ultrasonography in Practice (CUSP) 2018. The response to the course was overwhelming, with 177 onsite delegates. The course was also live-streamed to 10 satellites from Egypt, Iran, Lesotho, Kenya, Nepal, and Vietnam. Over 250 delegates attended the program online from all these centres, in addition to 19 individual live streamers.

Dr Titia Cohen-Overbeek and Dr S Suresh were the course chairs and all 30 Basic Training lectures were delivered by Indian and international experts. The faculty included Dr Jon Hyett, Dr Trish Chudleigh, Dr Shabnam Bobdiwala, Dr Mala Sibal, Dr Divya Singh, Dr Sudarshan Suresh, Dr Indrani Suresh, Dr Uma Ram, and Dr Roopa Shinde, and Dr Nagalakshmi Sridhar was the coordinator.

Highlights of the program included the many live scan demonstrations which were greatly appreciated by all delegates. These were possible due to the immense efforts of Ms Jayalakshmi Ramesh and Ms Chandra Ganesh who ensured that patients consented and were available for each session. Delegates were able to watch experts demonstrating

the techniques that were discussed in the lectures. Pre- and post-course tests were delivered each day, which could be taken online via mobile with automatic scoring for the first time. The keen interest in learning by the delegates was evident in the number of questions that were raised both by the on-site and satellite delegates. A simulator was also made available to delegates and after the course, several delegates developed their practical skills on the simulator. There was excellent audio-visual support from Mr Dinesh and team and superb live streaming by Mr. Martin Shepherdly.

The delegates were a mixture of people who were new to ultrasound and a significant number of experienced doctors who came to update their knowledge in a structured manner. The uniform feedback from all was that the course was well designed and helped them to reorient themselves to a systematic thought process. One interesting comment was "Even though I have been scanning for several years, I have not gone through a formal course and this course is an eye opener for me and I benefited from it." Many other delegates echoed this sentiment and suggested there should be more such courses in the future.

With this BT program, we can proudly say that ISUOG has indeed created history by having the largest number of delegates attending a full theoretical BT course. ISUOG Basic Training has the immense potential to reach the unreachable and help in improving women's health.

Key figures

4 days, 30 lectures

20 international faculty

177 onsite delegates

**275+ livestreamers from
10 countries**



Faculty and onsite delegates in Chennai

With thanks to



MediScan
Ultrasound | Fetal Care | Genetics | Perinatal Pathology



CUSP 2018

Basic Training program in Lebanon

2018 - 2019

Gihad Chalouhi, M.D., PhD reports on the success of last year's program and the promising start to the 2018 to 2019 program, in which 30 trainees are participating.

It is with great honor that we announce the Second ISUOG Basic Training program in Lebanon. This builds on the success of the Lebanon "Pilot" Basic Training Program, which was carried out by an impressive team made up of Imad Aboujaoude, MD; Linda Daou, MD and Nabil Helou, MD under the direction of Reem S. Abu-Rustum, MD. The first course was the result of the collaboration of SANA Medical NGO and Aboujaoude Hospital with the unconditional support of ISUOG and ISUOG Basic Training.

The opportunity to carry out the Lebanon "Pilot" ISUOG Basic Training Course 2017-2018, which led to the first ISUOG Basic Training Certificates ever handed out around the globe, was truly a "dream come true", as Reem would say. Though this was the collective effort of a most dedicated team, special thanks and great appreciation goes to the leader in front and behind the scenes, Reem S. Abu-Rustum. No words can describe the time, effort, investment, enthusiasm, and energy she has put into this project and made of it a complete success.

This year I am replacing Reem S. Abu-Rustum, MD

due to her geographical relocation and carrying on with Imad Aboujaoude, Linda Daou, and Nabil Helou. As a special tribute, and to commemorate this milestone, this year's course shall be called: The **D-Reem** course.

The Lebanon ISUOG Team is dedicated to expanding Lebanon's pilot experience in order to implement a standardized national curriculum in Ob/Gyn ultrasound training in Lebanon in the hopes that its ripple effect shall spread across the region, and subsequently the globe, in order to fulfill ISUOG's vision that all women have access to sonographic examinations carried out by skilled sonologists.



This year's delegates in Beirut in September



Basic Training at the IS, Athens

20th April 2018

Each year, ISUOG holds its annual International Symposium (IS) in April and this year it was held in Athens, Greece. The symposium commenced with an ISUOG Basic Training course that was live-streamed across the globe. This was a truly international course, attended by 107 onsite delegates from 32 different countries, in addition to 139 delegates from 5 satellites in Bulgaria, Egypt, Nigeria, and Sudan. The course covered the basics of scanning, from 4 weeks onwards, with a special focus on fetal biometry and growth, assessing the placenta and fluid, cervical assessment as well as the most commonly encountered anomalies. It commenced and concluded with a pre- and a post-course test with a 15% increase in post-course test scores demonstrating the course's effectiveness., and delegates gave the course an approval rating of 6.25 out of 7 - our highest ever! Many thanks to Nikos Vrachnis, Aris Papageorgiou and the rest of the team in Athens for their wonderful hospitality and energy, which helped make this course one of ISUOG's most successful to date!

Reem. S. Abu-Rustum



Katia Bilardo speaking in Athens



**28th World Congress on Ultrasound
in Obstetrics and Gynecology**
20 – 24 October 2018, Singapore
Incorporating ASUM 2018



Basic Training at the World Congress

Welcome to all the members joining us in Singapore, which will be BT's busiest and most exciting Congress to date! ISUOG Basic Training extends a warm invite to the following sessions.

**Sat
20**

ISUOG Basic Training is presenting the pre-congress course “[A Practical Approach to the Ob/Gyn Ultrasound Examination](#)” on Saturday 20th, and a [simulation session](#) on Sunday 21st October from 08:30 to 13:00, where you can hone your practical skills on state-of-the-art simulators under guidance from ISUOG experts. Register now, as places are limited.

**Sun
21**

The Basic Steps of an obstetric ultrasound: Basic Training film screening

Following on from the success of our first film “The Principles of Ultrasound”, please join us for the launch of BT's new film on **Monday in Hub 4, from 12:10 to 12:50**

**Mon
22**

Basic Training: Train the trainers workshop on Monday at 14:15 in Hall 4

Don't miss this chance to learn more about our program and engage with our Task Force

Trainee coffee connect on Monday from 10:15 to 10:45

Join WATOG and members of the ISUOG Basic Training Task Force and meet clinicians at the same stage of their career.

**Tues
23**

Don't forget to join our **BT hubs on Monday at 11am and Tuesday at 1pm**, delivering highlights of the scientific program to trainees and beginners with the Basic Training approach!

With thanks to our contributors...



And to all our international readers!

Contact us

For more information about the ISUOG Basic Training program or to attend an upcoming Basic Training Course in person or via live-stream, contact us at:

education@isuog.org

Visit us on the web at
www.isuog.org

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